The Devotion
to the Sacred Heart of Jesus

Look at this Heart which has loved men so much, and yet men do not want to love Me in return. Through you My divine Heart wishes to spread its love everywhere on earth.”

Saint Margaret Mary Alacoque

“12 Promises” of Jesus

for those devoted to His Sacred Heart:

1. I will give them all the graces necessary in their state of life.
2. I will give peace in their families and will unite families that are divided.
3. I will console them in all their troubles.
4. I will be their refuge during life and above all in death.
5. I will bestow the blessings of Heaven on all their enterprises.
6. Sinners shall find in my Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall rise quickly to great perfection.
9. I will bless those places wherein the image of My Heart shall be exposed and honored and will imprint My love on the hearts of those who would wear this image on their person. I will also destroy in them all disordered movements.
10. I will give to priests who are animated by a tender devotion to my Divine Heart the gift of touching the most hardened hearts.
11. Those who promote this devotion shall have their names written in my Heart, never to be effaced.
12. I promise you in the excessive mercy of my Heart that my all-powerful love will grant to all those who communicate on the First Friday in nine consecutive months, the grace of final penitence: they will not die in my disgrace, nor without receiving their Sacraments. My Divine Heart shall be their safe refuge in this last moment.

Litany of the Sacred Heart of Jesus

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.  
Christ, hear us.  
Christ, graciously hear us. 

God the Father of Heaven,  
God the Son, Redeemer of the world,  
God, the Holy Spirit,  
Holy Trinity, One God,  
Heart of Jesus, Son of the Eternal Father,  
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,  
Heart of Jesus, substantially united to the Word of God,  
Heart of Jesus, of Infinite Majesty,  
Heart of Jesus, Sacred Temple of God,  
Heart of Jesus, Tabernacle of the Most High,  
Heart of Jesus, House of God and Gate of Heaven,  
Heart of Jesus, burning furnace of charity,  
Heart of Jesus, abode of justice and love,  
Heart of Jesus, full of goodness and love,  
Heart of Jesus, abyss of all virtues,  
Heart of Jesus, most worthy of all praise,  
Heart of Jesus, king and center of all hearts,  
Heart of Jesus, in whom are all treasures of wisdom and knowledge,  
Heart of Jesus, in whom dwells the fullness of divinity,  
Heart of Jesus, in whom the Father was well pleased,  
Heart of Jesus, of whose fullness we have all received,  
Heart of Jesus, desire of the everlasting hills,  
Heart of Jesus, patient and most merciful,  
Heart of Jesus, enriching all who invoke Thee,  
Heart of Jesus, fountain of life and holiness,  
Heart of Jesus, propitiation for our sins,  
Heart of Jesus, loaded down with opprobrium,  
Heart of Jesus, bruised for our offenses,  
Heart of Jesus, obedient to death,
Heart of Jesus, pierced with a lance,
Heart of Jesus, source of all consolation,
Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and our reconciliation,
Heart of Jesus, victim for our sins
Heart of Jesus, salvation of those who trust in Thee,
Heart of Jesus, hope of those who die in Thee,
Heart of Jesus, delight of all the Saints,

Lamb of God, who take away the sins of the world, 
spare us, O Lord.
Lamb of God, who take away the sins of the world,
graciously hear us, O Lord.
Lamb of God, who take away the sins of the world,
have mercy on us, O Lord.

V. Jesus, meek and humble of heart.
R. Make our hearts like to yours.

Let us pray:
Almighty and eternal God, look upon the Heart of Thy most beloved Son and upon the praises and satisfaction which He offers Thee in the name of sinners; and to those who implore Thy mercy, in Thy great goodness, grant forgiveness in the name of the same Jesus Christ, Thy Son, who lives and reigns with Thee forever and ever. Amen.

Act of Consecration to the Sacred Heart of Jesus

Most Sacred Heart of Jesus, I consecrate myself to Your Most Sacred Heart. Take possession of my whole being; transform me into Yourself. Make my hands Your hands, my feet Your feet, my heart Your heart. Let me see with Your eyes, listen with Your ears, speak with Your lips, love with Your heart, understand with Your mind, serve with Your will, and be dedicated with my whole being. Make Me Your other self. Most Sacred Heart of Jesus, send me Your Holy Spirit to teach me to love You and to live through You, with You, in You and for You.

Come, Holy Spirit, make my body Your temple. Come, and abide with me forever. Give me the deepest love for the Sacred Heart of Jesus in order to serve Him with my whole heart, soul, mind and strength. Take possession of all my faculties of body and soul. Regulate all my passions: feelings and emotions. Take possession of my intellect, understanding and will; my memory and imagination. O Holy Spirit of Love, give me an abundance of Your efficacious graces. Give me the fullness of all the virtues; enrich my faith, strengthen my hope, increase my trust, and inflame my love. Give me the fullness of Your sevenfold gifts, fruits and beatitudes. Most Holy Trinity, make my soul Your sanctuary.
An Act of Consecration and Reparation
to the Most Sacred Heart of Jesus

Most sacred Heart of Jesus! I adore you; I offer to you all that I am and all that I possess; I consecrate to you my soul with its faculties, my body with all its senses, my heart with all its affections, desiring in all things to honor, love, and glorify you; in thanksgiving for the numberless benefits that I have received from you, especially in the Holy Eucharist; in atonement for my own sins as well as in reparation for all the offenses that are committed against you in the sacrament of your love, and, finally, in humble supplication, that I may henceforth be faithful to you, that I may please you in thought, word, and deed, that I may suffer in patience and in perfect resignation to your holy will, that I may become like to you in meekness and humility, that I may persevere in your love and your grace to the end of my life, and that I may praise you and bless you with the saints and angels in eternity.

We beseech you, also, O good Jesus, by your sacred Heart, overflowing with sweetness and mercy, to bless our Holy Father, the Pope, and our Holy Mother, the Church; to take under your special protection this congregation [my parish], our homes, our country, our rulers, our legislators, our bishops, our priests, and all Religious Orders. We recommend to you all our concerns, our friends, relatives, benefactors, and all those who have asked us to pray for them; those who are sick and those who are dying, and all who are under any affliction. Cast an eye of compassion on obstinate sinners, [the mistaken], and unbelievers. Amen.

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An Act of Consecration
to the Most Sacred Heart of Jesus.

To You, most sacred Heart of Jesus, I devote my life. To You I consecrate all my thoughts, words, actions, and sufferings. My whole being shall be employed henceforth in loving, serving, and glorifying You. Be Thou, most blessed and adorable Heart, the sole object of my love, the protector of my life, the pledge of my salvation, and my secure refuge at the hour of my death. Be Thou my advocate at the throne of Divine Justice, and screen me from the wrath which my sins deserve.

I trust entirely in your mercy. I place all my confidence in You. Destroy in me all that is displeasing to You. Jesus, meek and humble of heart, make my heart like unto Thine. Imprint Thyself like a seal upon my heart in order that I may never be separated from You. May I be a victim forever consecrated to your glory - ever burning with the flames of your pure love in time and for eternity. This is my whole desire - to live, in You: This shall be my happiness, to live and die as your devoted servant. Sweet Heart of Jesus, I implore that I may love You more and more. Amen.
V. Heart of Jesus, burning with love for us.
R. Inflame our hearts with love of You.

Let us pray:
Lord, we beseech You, let your Holy Spirit kindle in our hearts that fire of charity which Our Lord Jesus Christ, your Son, sent forth from His inmost heart upon this earth, and willed that it should burn with vehemence. Who lives and reigns with You, in the unity of the same Holy Spirit, God, for ever and ever. Amen.

The Nine Fridays must be made in honor of His Sacred Heart, meaning, practicing the devotion and having a great love of His Sacred Heart. They must be on the first Friday of the month for nine consecutive months, and Communion must be received.

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Indulgenced Ejaculations to the Sacred Heart of Jesus

May the Heart of Jesus be loved everywhere.
*Indulgence of 100 Days, once a day (Leo XIII, Sept 7, 1897)*

Jesus, meek and humble of Heart, make my heart like unto Thine.
*Indulgence of 300 Days (Pius X, Sept 15, 1905)*

May the Heart of Jesus in the most Blessed Sacrament be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time.
*Indulgence of 100 Days, once a day (Pius IX, Feb 29, 1868)*

Sweet Heart of my Jesus, make me love Thee ever more and more!
*Indulgence of 300 Days, each time (Pius IX, Nov 26, 1876)*

Sweet Heart of Jesus, be my love.
*Indulgence of 300 Days, once a day (Leo XIII, May 21, 1892)*

Heart of Jesus, burning with love of us, inflame our hearts with love of Thee.
*Indulgence of 100 Days, once a day (Leo XIII, July 16, 1893)*

Devotion to the Sacred Heart of Jesus
http://www.suite101.com/article.cfm/catholic_christianity/7629

Sacred Heart of Jesus
http://landru.i-link-2.net/shnyves/sacred_heart_of_jesus.htm

First Friday Devotion to the Sacred Heart.
http://www.miraclersarymission.org/shj.htm