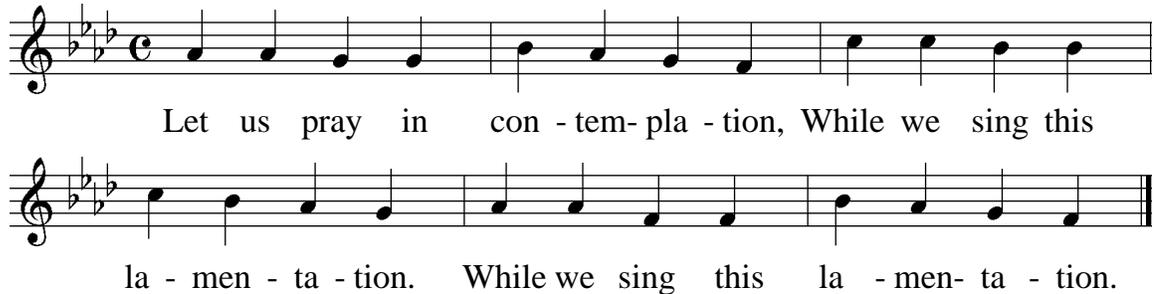


LENTEN LAMENTATIONS

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Melody revised by: S.M.Evangeline, CSSF

INTRODUCTORY HYMN



Let us pray in con - tem - pla - tion, While we sing this
la - men - ta - tion. While we sing this la - men - ta - tion.

With eyes tearful, hearts repenting, - Let us grieve with no relenting.
Lo, the sun and stars are fading; - Sadness, nature all pervading.
Host of Angels, sadly weeping; - Who'll explain their deep bereaving.
Mountains, cliffs, and rocks are crumbling; - Sealed tombs open, loudly thund'ring.
Why such sorrow, desolation? - Overwhelming all creation!
‘Tis our Savior’s sacred passion - Moving all to deep compassion.
Touch our hearts, O Lord most holy, - With contrition, true and lowly.
By Your precious Blood redeem us! - From sin, malice, oh Lord, free us.
May our lenten lamentations - Curb false ardor and wild passions.

PART ONE

Intentions

With the grace of God, let us awaken in our hearts a profound sorrow for our sins. In the spirit of reparation, let us offer to our Heavenly Father, this meditation on the passion of our Lord Jesus Christ. Let us be mindful of God’s immense love for us. His unworthy creatures. Out of pure love for man, God sent His only-begotten Son Jesus Christ, who assumed our human nature, so that He might satisfy Divine Justice by suffering cruel torments and by dying on the Cross. Let us offer this meditation as an act of veneration to the Blessed Virgin Mary, Mother most sorrowful, and to all the Saints but especially to those who distinguish themselves by their devotion to the passion of Christ.

In this first part of our meditation, let us recall Our Lord’s sufferings beginning with His prayer and bloody sweat in the Garden of Gethsemane and ending with His unjust accusation before the tribunal of the Sanhedrim. These insults and indignities which our Lord suffered, let us offer for the Church, for all clergy and religious, for the enemies of His Cross and for all unbelievers so that all may become the one true fold of Christ.